



DISC Sports & Spine Center

Appointment Checklist

Let us help you prepare for your appointment at DISC Sports & Spine Center. Use this checklist to gather the necessary items to bring with you to ensure your appointment is focused on treating your medical needs.

Photo ID

Insurance card(s)

MRI reports

CT reports

X-ray reports

Injection reports

Bring CD with all related images (MRI, CT, X-ray)

Any other diagnostic imaging for the condition

Other doctor's consult notes

DISC Sports & Spine Center Office Locations

Newport Beach:

3501 Jamboree Road, Suite 1250
Newport Beach, CA 92660
Phone: 949-988-7800

Marina Del Rey:

13160 Mindanao Way, Suite 300
Marina del Rey, CA 90292
Phone: 310-574-0400